

National Integrated Medical Association Central Council



**35<sup>th</sup> ALL INDIA CONFERENCE  
NIMA CON -2025**

**A Credit Point Conference**

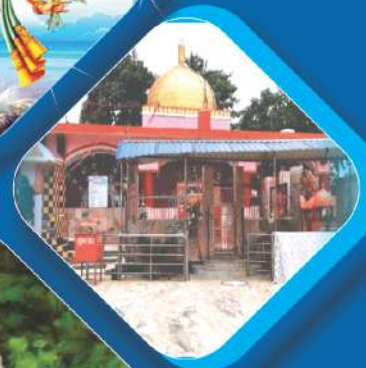
**20-21 December 2025**

**Organised By : NIMA BIHAR**

**Host : NIMA MOTIHARI, EAST CHAMPARAN BRANCH**

**Venue:- Mahatma Gandhi Auditorium**

**Razabazar, Kachahari Road, Motihari, Bihar 845401**



**ORGANISING SECRETARY**

**Dr. Alok Kumar**

**GENERAL SECRETARY NIMA BIHAR**

**Chhatauni Chowk, Motihari (Bihar)**

**Mob.: 9006679969, 8340503187**

**E-mail : alokmishra3653@outlook.com**





Dr. Ashutosh Kulkarni  
President, NIMA CC



Dr. Parvinder Bajaj  
Secretary General, NIMA CC



Dr. Shantilal Sharma  
Treasurer, NIMA CC



Dr. V.D. Tembhurnikar  
IPP, NIMA CC



Dr. Gajanan Padghan  
Senior Vice President  
NIMA CC



Dr. Sadhna Kulkarni  
IPP, NIMA CC  
Women's Forum



Dr. Vaishali Padghan  
President, NIMA CC  
Women's Forum



Dr. Premlata  
Secretary, NIMA CC  
Womens Forum



Dr. Rashmi Sharma  
Treasurer, NIMA CC  
Women's Forum



Dr. Dineshwar Prasad  
President, NIMA Bihar



Dr. Alok Kumar  
General Secretary, NIMA Bihar  
& Organising Secretary  
NIMACON-2025



Dr. Anil Vishwakarma  
Treasurer, NIMA Bihar



Dr. S.N. Patel  
Org. Chairman NIMACON-2025



Dr. Anil Kr. Singh  
Org. Treasurer NIMACON-2025



Dr. Uttam Kumar  
President NIMA Motihari



Dr. Sanjay Kr. Singh  
Secretary NIMA Motihari

### **CHIEF PATRON :-**

Dr. V.D. Tembhurnikar  
Dr. Ashutosh Kulkarni  
Dr. Parvinder Bajaj  
Dr. Shantilal Sharma  
Dr. S.K. Gupta (Bihar)  
Dr. MD. Jalaluddin

### **PATRON:-**

Dr. Dineshwar Prasad  
Dr. Arun Kumar Singh  
Dr. Premlata  
Dr. Anil Kr. Singh (Areraj)  
Dr. R.N. Thakur  
Dr. M.U. Akhtar  
Dr. Narendra Kumar

### **Org. Committee :-**

Dr. S.N. Patel  
(Chairman NIMACON-2025)  
Dr. Alok Kumar  
(Org. Secretary NIMACON-2025)  
Dr. Anil Kumar Singh  
(Org. Treasurer NIMACON-2025)

### **ORGANISING Co-Chairman**

Dr. Uttam Kumar  
Dr. Rana Amar Singh  
Dr. Vinod Kr. Singh  
Dr. Pramod Kumar  
Dr. Mahendra Kr. Sinha  
Dr. Rita Verma

### **ORGANISING JOINT SECRETARY**

Dr. Sanjay Kr. Singh  
Dr. Ved Prakash

Dr. Pankaj Kumar  
Dr. S.M. Mintullah  
Dr. Usha Kumari  
Dr. OM Prakash Singh

### **Reception Committee :-**

Dr. Anil Vishwakarma  
Dr. Ramesh Kr. Singh  
Dr. Mazhar Alam  
Dr. Abdul Khabir  
Dr. Manoj Kumar Sharma  
Dr. Vishal Kumar  
Dr. K.K. Shukla

### **Registration Committee :-**

**Chair Person**  
Dr. Sanjay Kumar Singh



### **Co-Chair Person**

Dr. Yogmaya Jha  
Dr. Pallavi Sharma

### **Members**

Dr. Shashi Kumar  
Dr. Abhishek Kumar  
Dr. Rohit Kumar Singh  
Dr. Ritesh Kumar Jha  
Dr. Shashi Ranjan  
Dr. Shivdani  
Dr. Anjneyam  
Dr. Viksah Kumar

### **Welcome &**

### **Accommodation Committee :-**

#### **Chair Person**

Dr. Gaurav Kumar

#### **Co-Chair Person**

Dr. Abhishek Kr. Mishra  
Dr. Shahid Siddiquee

### **Members**

Dr. Ravi Raj  
Dr. Seema Prasad  
Dr. Mita  
Dr. Dharendra Kr. Yadav  
Dr. Rambha Pandey  
Dr. Priyanka Kumari  
Dr. Imamuddin  
Dr. Pradeep Jaiswal  
Dr. R.K. Srivastava  
Dr. Awanish Jha  
Dr. Awanish Pathak  
Dr. Yogandra Nath Yadav  
Dr. Subhash Kumar

### **Scientific Committee :-**

#### **Chair Person**

Dr. Brajeshwar Mishra

#### **Co-Chair Person**

Dr. Anand Kumar Sinha  
Dr. Arvind Kr. Chaurasia  
Dr. Mobin Hashmi  
Dr. Kunal Kishore

### **Members**

Dr. Khalid Akhtar  
Dr. Vinay Kumar  
Dr. Vijay Pathak  
Dr. R.K. Prasad

### **Food &**

### **Beverage Committee :-**

#### **Chair Person**

Dr. Om Prakash Mishra

#### **Co-Chair Person**

Dr. Deepak Kumar  
Dr. Chandeshwar Thakur  
Dr. Nirbhay Kr. Jha  
Dr. Raushan Kumar

### **Members**

Dr. Jitendra Ranjan  
Dr. Arvind Kumar  
Dr. B.N. Yadav  
Dr. Rajnish Kumar Singh  
Dr. Vijay Kr. Pandey  
Dr. Nitesh Kr. Singh  
Dr. Madhav Upadhya  
Dr. Priyanka Sinha

### **Souvenir Committee**

#### **Chair Person**

Dr. S.N. Patel

#### **Co-Chair Person**

Dr. Dhiraj Kumar Mishra  
Dr. P. Sai  
Dr. Ritesh Verma  
Dr. Ratish Raman  
Dr. Mrityunjay Kumar

### **Members**

Dr. Deepak Kumar  
Dr. Samta Rai  
Dr. Ranjan Dube  
Dr. M. Kumar  
Dr. Firoj Sazia

### **Press Media Committee :-**

#### **Chair Person**

Dr. Bipin Bihari

#### **Co-Chair Person**

Dr. Ramesh Chandra Sinha

Dr. Naushad  
Dr. Rahul Kumar  
Dr. Vijay Kumar Gupta

### **Members**

Dr. Ajay Kr. Thakur  
Dr. Anwar Hussain  
Dr. Akbar Hussain  
Dr. Lalan Kumar  
Dr. Lakhendra Kumar

### **ADVISORY BOARD**

Dr. Ashok Kumar  
Dr. Arvind Kumar  
Dr. Mukesh Kumar  
Dr. J.P. Gupta  
Dr. Shyambabu Yadav  
Dr. Basant Kr. Singh  
Dr. I.C. Mishra  
Dr. Alok Ranjan  
Dr. Qamruzaman  
Dr. S.S. Sharma  
Dr. Raushan Kumar  
Dr. Sunil Mishra  
Dr. Navin Kumar  
Dr. Shubh Naryan Singh  
Dr. Ajay Kumar Sinha  
Dr. Dilip Kumar  
Dr. Shama Parveen  
Dr. Tahira Tabassum  
Dr. Kumkum Sinha  
Dr. Shabana Masoom  
Dr. Priyatosh Dubey  
Dr. Rambalak Prasad





## SCHEDULE OF CONFERENCE : Date : 20 December 2022

### 1st Scientific Session (Time: 9 Am to 10 Am.)

**Speaker Name** Dr. Vivek Kumar  
**Subject** Yoga in Asthma; Bridging Ayurveda.  
yoga and Modern Pulmonary Rehabilitation  
**Chair Person** Dr. Brajeshwar Mishra (Bihar)  
**Co-Chair Person** Dr. Atul Pratap Singh (UP)  
Dr. Manoj Kumar Sharona (Bihar)

### 2nd Scientific Session (Time: 10 Am to 11 Am.)

**Speaker Name** Dr. Ashutosh Kulkarni  
**Subject** Right and Privileges of ISM Graduates in Accordance with NCISM  
**Chair Person** Dr. Arun Kumar Singh (Bihar)  
**Co-Chair Person** Dr. Anil Vishwakarma (Bihar)  
Dr. S.N. Pandey (UP)

### 3rd Scientific Session (Time: 11 Am to 12 Pm.)

**Speaker Name** Dr. Brajeshwar Mishra.  
**Subject** Role of Pind Sweda and Kati Basti in the Management of Lumber spondylosis  
Based on radiological investigations.  
**Chair Person** Dr. B.N. Sinha (Delhi)  
**Co-Chair Person** Dr. Vishwajit Singh Phaugat (Haryana)  
Dr. Ramesh Kumar Singh (Bihar)

### Inaugural Session (Time: 12 PM to 02 PM.)

### Lunch (Time: 02 PM to 03 PM.)

### 4th Scientific Session (Time: 03 Pm to 04 Pm.)

**Speaker Name** Dr. Mayur Amar Pawaskar  
**Subject** Proctology Simplified  
**Chair Person** Dr. V.D. Tembhurnikar (MS)  
**Co-Chair Person** Dr. Arvind Chaurasia (Bihar)  
Dr. Shantilal Sharma (MS)

### 5th Scientific Session (Time: 04 Pm to 05 Pm.)

**Speaker Name** Dr. Nisha Ojha  
**Subject** Effective Ayurveda interventions for treatment of Polycystic Ovarian Syndrome (PCOS)  
**Chair Person** Dr. Premalata (Bihar)  
**Co-Chair Person** Dr. M. Masodkar (Maharashtra)  
Dr. Sadhna Kulkarni (Maharashtra)

### 6th Scientific Session (Time: 05:30 Pm to 06:30 Pm.)

**Speaker Name** Dr. Nilesh Londhe  
**Subject** Instant Pain Management by Ayurveda and Panchkarma  
**Chair Person** Dr. Dineshwar Prasad (Bihar)  
**Co-Chair Person** Dr. Parvinder Bajaj (Punjab)  
Dr. Mahendra Kumar Sinha (Bihar)



## SCHEDULE OF CONFERENCE : Date : 21 December 2022

### 1st Demonstration Session (Time: 9 Am to 10 Am.)

**Speaker Name** Dr. Ram Arora

**Subject** Agni Karma

**Chair Person** Dr. Girsh K. Daga

**Co-Chair Person** Dr. N.P. Priyadarshi (Bihar)

Dr. Abdul Khabir

Dr. Uttam Kumar

Dr. Narendar Kumar

### 2nd Demonstration Session (Time: 10 Am to 11 Am.)

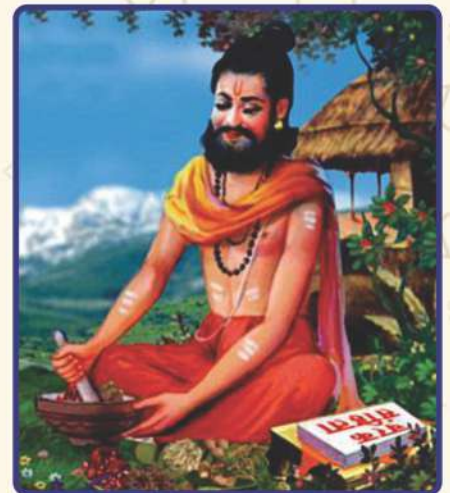
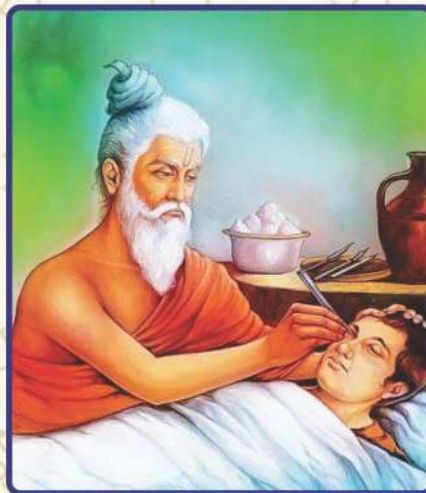
**Speaker Name** Dr. Dineshwar Prasad (Patna)

**Subject** Jalauka Karma

**Chair Person** Dr. Sanjay Kumar Singh (Bihar)

**Co-Chair Person** Dr. Mazhar Alam (Begusarai)

Dr. Mahendra Kumar Sinha (Bihar)





# Call for Paper Presentation

We invite PG Students, Practitioners, and Faculty to submit their research abstracts for oral and poster presentations at NIMACON 2025. This is an excellent opportunity to share your valuable research, clinical experiences, and innovative insights with a national audience.

## ♦ **Important Dates:**

The Abstract Submission Deadline: **20-10-2025**

The Selected Abstracts will Notified on: **20-10-2025 to 07-11-2025**

The Full Paper Submission Deadline : **20-11-2025.**

## **Abstract Rules & Presentation**

### **A. Paper/poster Presentation Rule**

**Abstract review** - All submitted abstracts will be evaluated by the Scientific Committee for acceptance / rejection and for deciding between oral and poster presentation.

**Final Decision** - The decision of the Scientific Committee will be communicated via mail.

**Oral presentation** - Authors selected for oral presentation must prepare a power point .

**Submission** - Upload presentation to the conference website or Email.

[NIMACON25@gmail.com](mailto:NIMACON25@gmail.com)

**Limit** - Only one oral presentation per delegate is permitted.

### **B. Guideline for Abstract Submission**

#### **Original Research**

Structured abstract 250 -300 word ( objective , Material and Method, Result ,Conclusion ,follow appropriate reporting standard EQUATOR Network.

#### **General Topic Review**

Non - Structured Abstract - 250 - 300 word. Full paper to follow IMRaD Formate.

### **C. - Poster presentation Guidelines.**

**Size** - 3 ft ( 0.9M ) × 4 ft ( 1.2 M) FLEX

Formate

**Readability** - Poster must be legible

Form 5 fit distance

**Images** - High - resolution and clear.

**Responsibility** - Presentations must carry their own poster.

**Limit** - One poster per delegate.

**Judging** - Decision of the panel will be final.



## **D Oral Presentation format ( PPT)**

### **Time allocation**

10 minutes presentation + 2 minute Q&A.

### **Sild language and Font -**

English- Times New Roman.

Hindi- Input Fronts.

### **Content Format**

Introduction, Aim and objective, Material & Method, observation/Result, Discussion, Reference.

### **Please note:**

Abstracts must be original work and relevant to the conference themes.

Abstracts will only be accepted from registered delegates. Ensure you complete your registration before submitting your abstract.

### **Certificates:**

Participation certificates will be provided to all registered attendees.

Separate presentation certificates will be issued to those who deliver oral presentations at the conference

## **Theme Topics For Paper Presentation**

### **Kayachikitsa**

- \*The clinical application of Rasayana and Vajikaran as prophylactic, therapeutic, restorative and palliative medicine.
- \*Ayurveda Interventions for Psycho -Neuro- Endocrine Immunology.
- \*Ayurveda approach in management of atyayika avastha emergency conditions
- \*Effective Ayurveda Interventions to neurological and metabolic Disorder using for ISM
- \*Practical Prospective of Ayurveda and Yoga in Management of Pranavaha srotasa -respiratory Diseases .

### **Panchakarma**

- \*The purificatory role of Panchakarma Therapy in the management of chronic Diseases
- \*Therapeutic effect of Pinda sweda on Neuro muscular status & change in permeability of cells.
- \*The clinical application of Murdhani Tail on Neuropsychiatric Disease
- \* The clinical application of external vasti based on interpretation of Radiological Investigations
- \*Clinical aspects of vasti karma Medicated Enema and its mode of action.



## Shalya Tantra

- \*Chronological Development of Surgery from ancient to present era and Principles of safe General Surgery.
- \*The Role of Innovation, Start-ups and New Tool Development in Modern Surgeries.
- \*The Practical skills in performing Agnikarma for the management of surgical diseases such as Arsha (Hemorrhoids) and Charmakeel (warts).
- \*Identify Marma points and their manipulation techniques for treating musculoskeletal disorders In and sports injuries
- \*Discuss Jaloukavacharana (Leech therapy) along with its indications, techniques, and therapeutic benefits for disease-modifying management of conditions like Vidhradi (abscess) and Kushta (skin disorders).

## Prasuti Tantra and Striroga

- \* Ayurveda Approach for management of Abnormal uterine bleeding.  
Effective Ayurveda Interventions for treatment of Polycystic Ovarian Syndrome (PCOS)
  - \*Clinical diagnostic criteria, Investigations, complications and management of Pelvic Inflammatory Disease (PID).
  - \*Review the Female factors and Male factors of Infertility and guidelines of management.
  - \* Role of Panchakarma in Vandhyatwa (Infertility.)
  - \*Role of Rasayana Chikits on endocrinology of Menopause .
-



## **Program Schedule for NIMACON -2025 as follows....**

**Dated: - 19-12-2025(Friday)**

**\* Subject Committee Meeting** (6:30 PM Onward)

**Dated: - 20-12-2025(Saturday)**

**\* Registration and Welcome Kit Distribution and Breakfast** (7:30 AM TO 9:00 AM )

**Day 1st :- 6 Scientific Sessions will be held**

**\* Scientific Sessions will be 90 minutes, each will be of 45 minutes.**

- (1) First Scientific Session from 9 AM 10 AM AM
- (2) Second Scientific Session from 10AM to 11AM.
- (3) Third Scientific Session from 11 AM to 12 PM

**The Inaugural Session : 12.00 PM to 02 PM.**

**\* Lunch :- 2 PM to 3 PM.**

- (4) 4th Scientific Session 3 PM to 4 PM.
- (5) 5th Scientific Session from 4 PM to 5 PM.
- (6) 6th Scientific Session from 5 PM to 6 PM.

**\* Hi-Tea from 6 PM to 6.30 PM.**

**\* Cultural Program will start at 6.30 PM to 8.30 PM.**

**\* Dinner Time: 8.30 PM.**

## **On 21st December 2025 ( Sunday)**

**Breakfast: 7.30 AM To 09:00 AM.**

- (1) 1st Demonstration Program from 9 AM to 10 AM
- (2) 2nd Demonstration from 10 AM to 11AM
- (3) NIMA Annual Central Council Meeting 09 AM to 12 PM.
- (4) NIMA Women's Forum General Body Meeting 12 PM to 01 PM.
- (5) NIMA MBS Meeting 12 PM to 01 PM.

**Lunch Break at 01:00 PM To 02:00 PM.**

- (6) NIMA General Body Meeting 02 PM Onward.

**\* Hi-tea 4.30 to 5 PM.**

**\* AWARD Ceremony will be held from 5 PM to 7:30 PM.**

**\* Dinner Time: 7.30 PM. Onward.**





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**Venue:- Mahatma Gandhi Auditorium**

**Razabazar, Kachahari Road, Motihari, Bihar 845401**

	Date	Consultant (in rupees)	With Spouse	Students
Upto	30.10.2025	2500	3500	2000
Upto	15.11.2025	3000	4000	2500
Upto	10.12.2025	3500	4500	3000

**For Registration :**

**Visit - [www.nimabihar.co.in](http://www.nimabihar.co.in)**



*Dear Friends & Colleagues,*

*It gives us great Pleasure to inform you that NIMACON-2025 is Scheduled to be held at Mahatma Gandhi Auditorium Motihari on 20-21 Dec. 2025. It is the most Comprehensive Educational cum Academic Program Possible to all professionals. On behalf of the Organising Committee of NIMACON-2025, it is our Proud privilege to welcome you all to Motihari.*

*The Objective of the Conference is to update knowledge in the field of Various medical segments. The meeting has been planned to be a fountainhead of knowledge with a star-studded faculty of experienced luminaries across the Country. Mahatma Gandhi Auditorium, The Venue of Conference, sets the perfect stage of interaction.*

*The NIMACON-2025 will be useful for Physicians & Surgeons, B.A.M.S. Residents & Students. We Shall make every effort to make your visit to Motihari, a rich educational experience. Looking forward to seeing you in Land of Bapudham Motihari, Bihar.*

*Dr. Alok Kumar*

Organising Secretary, NIMACON-2025

### *Important Attractions*

- 1- After each session there will be an interesting Lucky Draw. Prizes will be held with exciting prizes will be distributed as Glucometer, Sphygmomanometer, First Aid Kit and Many more.
- 2- Late Vaidya Deep Naryan Mishra Award of ₹ **30,000** for Best Paper Presentation
- 3- Late Dr. Brajeshwar Prasad Singh Award of ₹ **15,000** for 1st Runner for Paper Presentation
- 4- Late Dr. Brajeshwar Prasad Singh Award of ₹ **10,000** for 2nd Runner for Paper Presentation



### *Important Dates to Remember*

Conference will start at 9:00am on 20<sup>th</sup> Dec. 2025  
End of Early Bird Registration - 31<sup>st</sup> October 2025  
End of Last Registration - 10<sup>th</sup> December 2025